

RELIGIUN-BASED COUNSELING GUIDANCE SERVICES ON STUDENT MORALS

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Abstract

The purpose of this study is to describe the implementation of the counseling guidance approach to student behavior in the classroom. This research uses a qualitative descriptive method by collecting data based on factual information, where the data is in the form of readable text that can be analyzed. The conclusion that can be drawn from this research is that teachers who teach counseling guidance have a very important role in the development of student morals in the classroom, specifically teachers as educators act as role models and examples that students will follow. In addition, religious-based counseling guidance is provided to students in a thoughtful way through various methods, including discussions, interviews, and private teachers.

Keywords: Counseling, Religion, Students Morals

Introduction

Humans were created by God Almighty with more potential in the form of reason. With reason, humans can gain knowledge through an educational process. Guidance and counseling services in schools are efforts that can help students to develop their lives for the better. Guidance and counseling services facilitate the development of students individually, in groups, and classically, according to their needs, potential, interests and talents [1].

Guidance and counseling is a very important thing in the world of education, the development of technology today results in many changes that occur in various aspects of life, one of which is in the field of education. Guidance and counseling acts as a forum to help students develop their potential towards independence. Schools aim to provide counseling guidance services to students concerning personal problems, social life, learning, and career formation. In addition, counseling guidance services provide space for students to discover their potential. The benefits of this

counseling guidance service are as a place to form interpersonal skills, emotional intelligence, and so on which are very likely to be obtained by students through various self-development programs organized by schools, one of which is through counseling guidance[2].

Guidance and counseling is not only oriented to overcome the problems of student learning difficulties, but can also touch the aspects of student behavior or morals in the process of forming a personality. The good and bad quality of a nation can be seen from the quality of morals possessed by its citizens themselves. A poet Syaiki Bey in Ainusyami and Husni, said that "as long as the people have good morals they will continue to exist, and if the morals disappear, then the nation will perish" [3].

Times that are increasingly advanced and developing bring changes in all aspects including social, cultural and especially in the aspect of morality, namely from the decline of morals. We cannot deny that our nation is currently experiencing a moral crisis. This condition is very worrying, because the moral crisis does not only occur in adults but also in the younger generation as the buds of national hope who are expected to continue the struggle in defending truth and justice in the future.

Various forms of student delinquency that are often carried out and are classified as minor delinquency categories include: Skipping class, chatting during class time, smoking, not doing homework, often coming late, cheating, running away from school during class time and dating. This delinquency is included in the category of minor delinquency because it does not lead to a violation of the law. [4].

Mild delinquency if left unchecked will become high level delinquency, so that it will fall into the level of crime and crime that leads to the destruction of a nation. We have seen in social media a lot of deviant behavior such as murder, rape, drugs, corruption, free sex and so on. This will be considered commonplace if there is no prevention in committing these acts.

Based on the facts that occur in schools, there are many students who always commit violations and are indifferent to school regulations, for example: First, many students are not disciplined when doing worship habits, this can be seen from their habit of praying and praying there are still many students who play around, chatting and not doing it seriously. Second, during the learning process there are some students who deliberately sleep and choose not to listen to the material conveyed by the teacher. Third, their curiosity about smoking and dating so that the impact is that they neglect school assignments, are lazy to study, and often skip school.

According to (Tohirin, 2014: 121) counseling guidance services can develop the potential that exists in students including: First, the field of personal development. Second, the field of social development. Third, the field of learning activity development. Fourth, the field of career development. Fifth, the field of family life development. Sixth, the field of religious life development.

Under these conditions, the need for guidance and counseling services that focus their activities in helping students personally so that they can succeed in the educational process being pursued. By going through the guidance and counseling service program properly, each student is expected to have the opportunity to develop each of their potentials as optimally as possible, so that they can find personal happiness and social benefits.

Therefore, in accordance with the phenomena that occur above, it is interesting for researchers to examine in depth the self-development of students through "Religious-Based Counseling Guidance Services Against Student Morals".

Research Method

This research uses a descriptive qualitative method, which is a research procedure used to produce data that is the result of solving the problem being investigated by describing the state of the object of research based on facts where the data is in the form of written words, oral and observable behavior. This research method in counseling guidance aims to facilitate the development of students in their social environment, as well as understanding the social reality of individuals so that they are able to solve their own problems. [5].

Result and Discussion

Bimbingan Konseling Berbasis Keagamaan

Counseling guidance consists of two different words, namely guidance which means assistance and counseling which means problem solving. According to Moh Surya, guidance is an assistance provided by a teacher to students to achieve independence, self-acceptance and self-direction to achieve optimal development. While counseling is a process carried out to instill, foster and build self-concept and trust of students in an effort to improve their behavior in the future [6].

Guidance and counseling are needed by adolescents to increase their faith and devotion in living a life full of turmoil and curiosity. Religious counseling guidance aims to help adolescents maintain mental health and a religious attitude in undergoing their developmental phase with all the problems they face to be calmer and get the inner satisfaction needed. Because happiness is one of the characteristics of mentally healthy humans, so they are able to self-actualize, have an attitude of empathy and sympathy for others, are able to adapt and compete well in their environment. [7].

The process of moral development in counseling guidance is one form of assistance provided by teachers to students. This counseling guidance process is needed by students to find their identity in making a decision by not making mistakes in order to achieve a planned or aspired result. The school world is an element of a small community that has different personalities so that students need guidance to get effective efforts in fostering and shaping good morals. The diversity of students in

this school makes the school more alive, because each student has a different family background and attitude [8]. To be able to instill good morals in a learner, there are several methods that the counselor can take so that what is expected from the moral education provided can be well embedded in students, including:

1. The habituation method, which is by getting students used to performing sunnah and obligatory prayers at school, using good language and, getting used to saying greetings every time they meet friends and teachers.
2. The advice method, namely the teacher helps and directs students in solving the problems they face.
3. Exemplary method, namely the teacher sets a good example to students by dressing neatly, speaking politely and being disciplined in time.
4. The method of punishment that is directed towards positive things, namely by sanctioning students who are late for class by reading the Koran and performing dhuha prayers.

Student morals

Morals in language comes from Arabic, namely "khuluq" which means morals, character, character, habits, temperament and behavior. Meanwhile, according to the term, morals are traits that are inherent in a person in the form of a habit that is often done every day. According to Al-Ghazali, character is a trait embedded in a person's soul that can cause a variety of actions easily, without requiring significant thought and consideration [9].

Islam as a religion that pays attention to ukhuwah relations divides morals into two parts, namely good morals (akhlak mahmudah) and despicable morals (akhlak madzmumah). Examples of good morals are: honesty, telling the truth and keeping promises. While examples of bad morals are: betrayal, lying and breaking promises [10].

Good morals will be born from good habits. To form good morals, Islam instructs its people to always study from childhood until death. So in terms of educating and familiarizing good habits, parents must know the knowledge, by deepening religious knowledge, participating in parenting activities, establishing a good relationship with children, and always paying attention to children's socialization. while to improve bad morals the steps that must be taken are by training, learning patience and learning to restrain anger. This was also conveyed by Imam Al-Ghazali, who said that to improve bad morals is the same as fighting against lust and avoiding everything that Allah SWT prohibits which is called "mujahadah nafs". [11].

One of the processes or ways that can be done to form good morals in students at school is by applying discipline. Discipline is the main thing in the process of forming one's morals, one of the characteristics of a noble person is a person who

always applies discipline to himself. The application of discipline in schools is the key to the realization of a peaceful and serene life. "People who have good morals are people who have strong discipline" [12].

Mohamed Kamil Hassan suggests that there are several factors that cause the weakness of discipline in students at school, namely:

1. Factors within the students themselves, namely weaknesses in terms of mental development in each student will lead to violations of school rules. Students who have weaknesses in learning and feel failure many times will have a sense of disappointment and lose interest in learning. This is in line with Rabven's thoughts in [13] which states that if students are not interested in exploring a subject and the teacher makes no effort to attract their interest, then students will lose their enthusiasm for learning and will do what comes to their hearts and minds. In addition, the lazy factor is also the biggest obstacle for individuals in understanding and complying with rules and disciplinary attitudes in schools [14].
2. Family factors. The family has a very important role in determining the discipline of each child. The big problems that are often faced by students are problems related to home and family such as divorce of parents, economic shortages, parents who are busy with careers outside the home so they don't have time to pay attention to their children and many more problems that often arise between children and parents. And this is what can cause laziness, arrogance and indiscipline in students. [15].
3. The friend factor. Friends are one of the most comfortable places to pour out the problems and complaints they face. Usually they will prefer to choose friends who are upstream, have the principle of knowledge and thought that is equal to them, the Prophet Muhammad PBUH said that reads: "The example of a good peer and a bad friend is like a perfume seller and a blacksmith. The perfume seller will most likely give you perfume, or you can buy perfume from him. The blacksmith, on the other hand, may get his sparks on your clothes and even if he does not, you will still get the unpleasant smell of his smoke". (HR. Bukhari 5534 and Muslim 2628). Therefore, it is very important for a Muslim to choose friends who are good in morals, religion and association [16].
4. School factors. Reynolds argues that if a school has a high degree of punishment there are often more problems than schools that apply a low law of lashes. This is because high penalties on students will cause a sense of disappointment, reluctance in learning, create a bad impression and offenses committed by students will get worse. One way that can be done by teachers is to provide educational punishments such as reading the Qur'an, memorizing hadith, writing learning materials and other punishments that can provide benefits to students [13].
5. The mass media factor or what we know as social media is one of the factors that can affect a person's level of discipline. Because in the mass media there are many

elements that we will get including positive and negative elements. Someone who uses mass media wisely will be able to respect others more, on the other hand, if mass media is used badly, this will result in mental damage to students and the level of juvenile delinquency will be higher. [14].

Religious-Based Counseling Guidance on Student Morals

In today's technological era, the development of information has increased tremendously. Events that occur today in parts of the world that are far from where we live can be witnessed easily, quickly and practically. Children and adolescents as the next generation of the nation who will accept the relay of struggle need a place to develop their cognitive, affective and psychomotor knowledge. Adolescents are not enough if they are only intellectually intelligent, but also need to be socially and spiritually intelligent.

Religious spiritual guidance is guidance that connects humans with God. The concrete form of spiritual guidance services is always remembering God in every activity, meaning that teachers always guide students to always involve God in everything. There are several methods of religious guidance that teachers can take in the process of fostering and guiding students including:

1. Discussion method, which is a method that can facilitate learners to develop more critically, actively and creatively. This discussion method provides opportunities for students so that they do not feel shy and afraid to express or ask the teacher for help with the problems they are facing,
2. The interview method, is an effective method used by teachers to students. in this interview method the teacher can dig up information related to the problems being faced by his students.
3. Personal conversation method, is a method that is carried out informally, the teacher invites students to chat casually and share, so that in the end students can express all the feelings, thoughts, and problems they face without any embarrassment or awkwardness. [17].

Conclusion

Based on the results of the study, it can be concluded that counseling guidance is a forum or place provided by school institutions to accommodate and provide solutions to the problems of students at school. In an effort to instill good morals to students, there are several learning methods that teachers can apply at school including the habituation method, the advice method, the exemplary method and the punishment method. In addition, the application of discipline in schools is also the key to realizing a peaceful and tranquil life, so in this case factors within oneself, family factors, friend factors, school factors and social media factors will determine the strength or weakness of the discipline.

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