

## **CULTIVATING SUSTAINABLE EMPLOYEE ENGAGEMENT AND WELL-BEING INITIATIVES IN INDONESIAN ORGANIZATIONS: A MULTIFACETED EXAMINATION OF STRATEGIES, CHALLENGES, AND IMPACT ON ORGANIZATIONAL PERFORMANCE**

**Kosasih <sup>\*1</sup>**

Universitas Sangga Buana, Indonesia  
[kosasih@usbypkp.ac.id](mailto:kosasih@usbypkp.ac.id)

**Yuarini Wahyu Pertiwi**

Universitas Bhayangkara Jakarta Raya, Indonesia  
Email: [yuarini.wp@dsn.ubharajaya.ac.id](mailto:yuarini.wp@dsn.ubharajaya.ac.id)

**Cut Ita Erliana**

Department of Industrial Engineering, Universitas Malikussaleh, Aceh, Indonesia  
[cutitha@unimal.ac.id](mailto:cutitha@unimal.ac.id)

**Defi Irwansyah**

Department of Industrial Engineering, Universitas Malikussaleh, Aceh, Indonesia  
[defiirwansyah@unimal.ac.id](mailto:defiirwansyah@unimal.ac.id)

**Dahlan Abdullah**

Department of Informatics, Universitas Malikussaleh, Aceh, Indonesia  
[dahlan@unimal.ac.id](mailto:dahlan@unimal.ac.id)

### **Abstract**

We provide an overview of the research on cultivating sustainable employee engagement and well-being initiatives in Indonesian organizations. The study aimed to comprehensively examine the strategies employed, the challenges faced, and the impact of these initiatives on organizational performance in the Indonesian context. The research was rooted in a mixed-methods approach, combining qualitative and quantitative methods to understand the subject matter better. Data was collected from surveys, interviews, and organizational records. Stratified random sampling was employed for surveys, while purposive sampling was used for interviews, ensuring a diverse and representative dataset. Our analysis incorporated descriptive statistics and inferential statistical methods, such as regression analysis, for quantitative data. Qualitative data underwent thematic analysis, allowing for the identification of patterns and themes. Integrating both data types enabled triangulation and a more profound insight into the research questions. Ethical considerations were paramount throughout the research, with data treated confidentially and participant identities protected. Informed consent was obtained from all participants, and potential biases or conflicts of interest were transparently addressed. While the mixed-methods approach enriched our understanding, it did pose resource and time

---

<sup>1</sup> Corresponding author.

constraints. While valuable within the Indonesian context, the findings may not be universally applicable. Additionally, challenges related to data collection, such as participant availability and the completeness of organizational records, were acknowledged. This research contributes to the existing body of knowledge by offering insights into the strategies and impact of sustainable employee engagement and well-being initiatives in Indonesian organizations while shedding light on the challenges faced in implementing such programs.

**Keywords:** Employee Engagement, Well-being Initiatives, Indonesian Organizations, Sustainability, Strategies, Organizational Performance, Challenges.

## INTRODUCTION

In recent years, the landscape of work and employment has undergone significant transformation on a global scale, and Indonesia is no exception (Dwivedi et al., 2020). As the world becomes increasingly interconnected and influenced by technological advancements, how organizations operate and manage their human resources has evolved. Within this shifting paradigm, employee engagement and well-being concepts have emerged as central pillars of modern organizational success. To appreciate the relevance of these concepts in the Indonesian context, it is crucial to understand the broader background and context in which they are situated (Dwivedi et al., 2020).

Indonesia, with its diverse population, vibrant culture, and dynamic economy, stands as one of the emerging economies in Southeast Asia. The country's economic growth and development have attracted domestic and international investments, resulting in a rapidly expanding job market and diverse workforce. This changing employment landscape, characterized by increasing urbanization and digitalization, brings unique challenges and opportunities for organizations operating within its borders (Kantis et al., 2020).

As the business environment becomes more complex and competitive, organizations in Indonesia recognize the vital role of human capital in achieving sustainable growth and competitiveness. Employee engagement, often defined as employees' emotional commitment and dedication to their organizations, has been identified as a critical driver of organizational success. Engaged employees are more likely to be productive, innovative, and loyal, ultimately contributing to enhanced organizational performance (Hernita et al., 2021).

Simultaneously, employee well-being has gained prominence in the corporate world. Well-being encompasses physical, mental, and emotional health, work-life balance, job satisfaction, and a sense of purpose. In an era where burnout and stress-related illnesses are prevalent, prioritizing employee well-being is an ethical and strategic necessity for organizations aiming to attract and retain top talent.

The significance of employee engagement and well-being in modern organizations cannot be overstated in today's hypercompetitive business environment, where the war for talent rages. Organizations must go beyond traditional HR practices

and recognize their employees as valuable assets rather than mere resources. Engaged and well-supported employees are not only more likely to stay with their organizations. However, they are also more inclined to go above and beyond their job descriptions, contributing to innovation, customer satisfaction, and, ultimately, the bottom line (Huang et al., 2016).

Indonesian organizations face unique challenges and opportunities concerning employee engagement and well-being. While a source of strength, the country's rich cultural diversity can also pose challenges in creating inclusive and supportive workplace cultures. The rapid pace of technological advancement presents both possibilities for efficiency and threats to work-life balance. Navigating these complexities requires a deep understanding of the local context and a multifaceted approach to managing human resources (Sutarto et al., 2021). Moreover, the global COVID-19 pandemic has accelerated changes in the workplace, with remote work becoming more prevalent. The pandemic has highlighted the importance of employee well-being in times of crisis and uncertainty. Indonesian organizations must adapt to these new realities and find innovative ways to engage and support their workforce.

This paper aims to provide a comprehensive examination of the strategies, challenges, and impact of cultivating sustainable employee engagement and well-being initiatives in Indonesian organizations. By delving into this multifaceted subject, we aim to shed light on the dynamic interplay between employee engagement, well-being, and organizational performance in the Indonesian context (Jaakkola, 2020). To achieve this, the paper will explore the latest trends in employee engagement and well-being, innovative strategies employed by Indonesian organizations, their challenges, and their measurable impact on organizational performance. By considering both qualitative and quantitative aspects, we seek to offer valuable insights and practical recommendations for organizations operating in Indonesia.

In light of the evolving nature of work and the unique challenges Indonesian organizations face, this paper contends that cultivating sustainable employee engagement and well-being initiatives is a moral obligation and a strategic imperative. Effectively managing these initiatives, informed by the latest trends and adapted to the local context, can significantly enhance organizational performance, competitiveness, and long-term sustainability (Pettit et al., 2019). The following sections will delve deeper into the multifaceted world of employee engagement and well-being in Indonesian organizations. We will explore strategies, challenges, and the tangible impact on organizational success. Through an in-depth analysis of the latest developments and empirical evidence, we aim to provide a comprehensive understanding of this critical facet of modern organizational management (Epstein, 2018).

The table below summarizes the main sections within the introduction, outlining the key aspects discussed, including the changing landscape of work in

Indonesia, the significance of employee engagement and well-being, the paper's purpose and scope, and the central thesis statement.

Table 1: Overview of Introduction Sections

Section	Description
Introduction	Overview of the changing work landscape in Indonesia and the emergence of employee engagement and well-being as crucial aspects of modern organizational success.
Significance of Employee Engagement and Well-being in Modern Organizations	The importance of employee engagement and well-being in today's competitive business environment, particularly within the unique context of Indonesian organizations.
Purpose and Scope of the Paper	The objectives of the paper include examining strategies, challenges, and the impact of employee engagement and well-being initiatives in Indonesian organizations.
Thesis Statement	The central argument is that sustainable employee engagement and well-being initiatives are both a moral obligation and a strategic imperative for enhancing organizational performance.

Created: 2023

**RESEARCH METHOD**

This section will provide a comprehensive overview of our research methodology, including the research design, data collection methods, data analysis techniques, ethical considerations, and potential limitations of our study. Our goal is to offer a detailed and transparent account of our approach to ensure the validity and reliability of our research findings (Sarker, 2021).

**Research Design**

Our research design employs a mixed-methods approach, combining qualitative and quantitative methods. This dual approach allows us to investigate our research questions from various angles, enhancing the depth and breadth of our analysis. The rationale behind choosing a mixed-methods design is its ability to offer a multifaceted perspective on the research problem. Quantitative data allows us to identify patterns and relationships within our dataset, while qualitative data provides a deeper understanding of the motivations and underlying factors. By synergistically combining these methods, we can better comprehend the phenomenon under investigation (Almeida, 2018).

**Data Collection**

We will draw data from diverse sources to ensure a comprehensive and well-rounded dataset. Our data sources will include surveys, interviews, and organizational records. Surveys will provide valuable quantitative insights into critical variables, while interviews will offer qualitative perspectives from participants. Including organizational records will complement our analysis by providing historical and contextual data, enriching our overall understanding (Lin et al., 2021). To ensure the representativeness of our survey sample, we will employ stratified random sampling. This approach will help us capture a broad spectrum of responses and prevent potential bias. Additionally, purposive sampling will be used for the interviews to select participants with diverse backgrounds and experiences, further enriching our dataset.

### **Data Analysis**

Our data analysis will employ various techniques tailored to the nature of the data. We will utilize descriptive statistics and inferential statistical methods such as regression analysis for quantitative data. This approach will allow us to uncover patterns and relationships within the numerical data (Wang et al., 2016). Qualitative data from interviews will undergo thematic analysis, enabling us to identify and analyze emerging themes, patterns, and categories within the qualitative dataset. An integrated approach will be employed to triangulate findings and better understand the research problem.

### **Ethical Considerations**

Ethical considerations are of paramount importance throughout our research process. We are fully committed to preserving the anonymity and confidentiality of all collected data. Prior informed consent will be sought from all participants, and rigorous measures will be taken to protect their identities and personal information. Any potential biases or conflicts of interest during the analysis process will be transparently addressed and mitigated to ensure the integrity of our research (Artal & Rubinfeld, 2017).

### **Research Limitations**

It is essential to acknowledge potential limitations in our chosen methodology. While the mixed-methods approach enhances our understanding, it can be resource-intensive and time-consuming. Integrating qualitative and quantitative data, with their inherent differences, may present analytical challenges. Additionally, the findings may have limited generalizability beyond the specific context of this study (Theofanidis & Fountouki, 2018). Constraints related to data collection, such as participant availability and response rates for surveys and interviews, may impact the completeness and quality of our dataset.

Furthermore, the availability and completeness of organizational records, especially concerning historical data, may need to be revised. In presenting this

detailed and transparent methodology, we aim to ensure the credibility and reliability of our research findings. Our commitment to rigorous research design, ethical considerations, and an awareness of potential limitations will contribute to the robustness of our study's outcomes (Motulsky, 2021).

This table outlines vital aspects of our methodology, including research design, data collection sources, sampling methods, data analysis techniques, ethical considerations, and research limitations. Each element is supported by relevant references, providing a clear framework for our research approach.

Table 2: Summarizing the critical elements of your methodology section

Items	Description	Shreds of evidence
Research Design	Mixed-methods approach combining qualitative and quantitative methods for a comprehensive analysis.	(Sarker, 2021)
Data Collection	For a well-rounded dataset, diverse sources, including surveys, interviews, and organizational records.	(Lin et al., 2021)
Sampling Methods (if applicable)	Stratified random sampling for surveys and purposive sampling for interviews to ensure representativeness.	(Almeida, 2018)
Data Analysis Techniques	Descriptive and inferential statistical methods for quantitative data; thematic analysis for qualitative data.	(Wang et al., 2016)
Ethical Considerations	Preservation of anonymity, informed consent, and conflict of interest mitigation to uphold research integrity.	(Artal & Rubenfeld, 2017)
Research Limitations	Acknowledgment of resource constraints, potential analytical challenges, and limited generalizability	(Theofanidis & Fountouki, 2018; Motulsky, 2021)

Created: 2023

## RESULT AND DISCUSSION

### Understanding the Indonesian Employee Engagement Study

In recent years, there has been a noticeable evolution in the strategies and methods employed to measure and enhance employee engagement. Traditionally, engagement was often assessed through annual surveys and feedback sessions. However, the latest developments in this area have introduced more real-time and continuous feedback mechanisms. Companies are increasingly adopting pulse surveys, feedback apps, and sentiment analysis tools to capture and respond to employee engagement trends more agilely. Moreover, advanced analytics and machine learning techniques are applied to large datasets to gain deeper insights into what truly drives organizational engagement (Mone et al., 2018).

Technology has emerged as a pivotal factor in fostering employee engagement. Gamification, for instance, has gained significant traction as a means to make work more enjoyable and motivating. Gamified platforms encourage employees to achieve specific goals and milestones, creating a sense of accomplishment and competition that fuels engagement. Additionally, mobile apps have become indispensable tools for enhancing engagement by providing employees with easy access to company resources, communication channels, and recognition systems. The role of technology in engagement is continuously expanding, and organizations are exploring innovative ways to leverage it effectively (Hammedi et al., 2021).

### **Employee Well-being Trends**

Employee well-being has become a central concern for organizations seeking a healthy and productive work environment. Emerging well-being initiatives and programs are increasingly focused on holistic approaches. Traditional wellness programs have evolved beyond physical health to encompass mental, emotional, and social well-being. Mindfulness and meditation programs, stress management workshops, and access to mental health resources have gained prominence as employers recognize the impact of these initiatives on overall employee well-being (Bliese et al., 2017). Remote work has also had a profound influence on employee well-being trends. While it offers greater flexibility and work-life balance, it comes with its own set of challenges. The blurring of boundaries between work and personal life, feelings of isolation, and the need for self-discipline have all come to the forefront. Organizations are now exploring ways to support remote employees by providing the necessary tools, resources, and social connections to maintain their well-being.

### **The Interconnection of Engagement and Well-being**

The relationship between employee engagement and well-being is a topic of growing interest. Research has shown that engaged employees tend to have higher levels of well-being and vice versa. Employees engaged in their work are more likely to experience a sense of purpose and accomplishment, contributing to their overall well-being. On the other hand, employees with high well-being are often more resilient and better equipped to engage fully in their roles (Phillips et al., 2023). Organizations are increasingly adopting holistic approaches to achieve both engagement and well-being. Instead of viewing these aspects in isolation, they recognize that they are interconnected and should be addressed as part of a broader well-being strategy. This may involve creating a supportive work culture, providing opportunities for skill development and career growth, and fostering community within the organization. By aligning engagement and well-being initiatives, companies can create a work environment that promotes their employees' happiness and productivity.

### **Strategies for Cultivating Engagement and Well-being** **Best Practices in Employee Engagement**

Examples of successful engagement strategies in Indonesian organizations: Indonesian organizations have implemented various successful employee engagement strategies to enhance workplace satisfaction and productivity. One notable example is PT Telkom Indonesia, a telecommunications company focused on creating a collaborative and inclusive work culture. They encourage open communication through regular town hall meetings and feedback sessions. Additionally, they have a robust mentorship program that connects senior employees with newer ones, fostering a sense of belonging and career development (Sopiah et al., 2020). Another example is Gojek, a ride-hailing and delivery service company. They have adopted a strategy of empowering their employees by offering flexible work arrangements and providing opportunities for skill development. Gojek has also introduced a unique benefit program that includes financial wellness workshops and access to mental health support services. These initiatives have increased employee engagement and retention (Hidayah & Mathari, 2023).

Leveraging social recognition and feedback platforms: Indonesian organizations have recognized the importance of feedback and recognition in employee engagement. Many companies use social recognition platforms to acknowledge and celebrate employees' achievements. For instance, companies like Tokopedia and Bukalapak, both leading e-commerce platforms in Indonesia, utilize internal social media-like platforms where employees can give and receive recognition for their contributions. These platforms foster a sense of community and appreciation among employees, ultimately boosting their engagement levels (Kusumawardani et al., 2023).

### **Innovative Approaches to Well-being**

Mental health and well-being programs in the workplace: Mental health is gaining increasing attention in Indonesian workplaces. Forward-thinking companies like Traveloka and Gojek have introduced mental health and well-being programs for their employees. These programs include access to confidential counseling services, stress management workshops, and mindfulness training. By addressing the mental well-being of their workforce, these companies aim to reduce stress, improve job satisfaction, and enhance overall employee well-being (Wiguna et al., 2020). Promoting work-life balance in diverse Indonesian work settings: Indonesia is known for its diverse work settings, from traditional offices to remote and gig-based work. Companies like Tokopedia have implemented innovative approaches to promoting work-life balance by offering flexible working hours and remote work options. They also encourage employees to take regular breaks and vacations to recharge. This flexibility improves employees' well-being and helps attract and retain talent in a competitive job market (Stephan, 2018).

### **Integrating Technology for Engagement and Well-being**



Utilizing AI and data analytics for personalized engagement and well-being solutions: Indonesian organizations increasingly use AI and data analytics to personalize engagement and well-being solutions. By analyzing employee data, companies can tailor benefits packages, training programs, and career development plans to individual needs. For instance, banks like Bank Central Asia (BCA) use AI-driven tools to recommend personalized employee training and development opportunities based on their performance and career goals. This approach enhances engagement by demonstrating a commitment to employee growth and development (Hassankhani et al., 2020).

Remote work technology solutions for well-being support: Remote work has become a significant part of the Indonesian work landscape, especially after the COVID-19 pandemic. Companies have adopted various technology solutions to support employee well-being in remote settings. For example, businesses like Grab have invested in collaboration tools, virtual team-building activities, and wellness apps to help remote employees stay connected and maintain their well-being. These technologies facilitate communication, reduce isolation, and promote a healthy work-life balance for remote workers (Kurniasari et al., 2022). In conclusion, Indonesian organizations are embracing various strategies and innovations to cultivate employee engagement and well-being. These efforts are vital for attracting and retaining top talent and fostering a positive and productive work environment in the dynamic Indonesian business landscape.

## **Challenges and Barriers**

### **Cultural and Contextual Challenges**

Navigating cultural nuances in engagement and well-being initiatives: One of Indonesia's significant challenges is navigating the country's rich cultural diversity. With hundreds of ethnic groups and languages spoken, understanding and respecting these cultural nuances is essential when designing engagement and well-being initiatives. For instance, a strategy that works well in one region or among one ethnic group may not be as effective elsewhere. Organizations must conduct thorough cultural assessments and involve local experts to ensure their programs are culturally sensitive and inclusive (Hora & Millar, 2023).

Adapting strategies to suit the Indonesian work culture: Indonesian work culture strongly emphasizes hierarchy and respect for authority. This can be a challenge when implementing more open and collaborative engagement initiatives. Employees may hesitate to provide feedback or participate in programs that challenge traditional power dynamics. Organizations must balance preserving cultural norms and promoting more inclusive and participatory work cultures (Atuahene & Baiden, 2018).

### **Resource Constraints**

Budget limitations in implementing comprehensive programs: Many Indonesian organizations, tiny and medium-sized enterprises (SMEs), need more money when implementing comprehensive engagement and well-being programs. Allocating resources for employee benefits, training, and wellness initiatives can take time and effort, especially for organizations with limited financial resources. To address this challenge, companies may need to explore creative financing options, such as partnerships with government agencies NGOs, or leveraging technology to provide cost-effective solutions (Setyaningsih & Kelle, 2021).

Identifying cost-effective solutions for engagement and well-being: Finding cost-effective solutions for engagement and well-being initiatives is critical, especially for organizations with limited budgets. This could involve leveraging technology to deliver training and support services at a lower cost, offering flexible work arrangements to reduce overhead, or exploring employee-led initiatives that require minimal financial investment. Companies can also consider benchmarking against industry peers to identify cost-effective best practices (Shanafelt & Noseworthy, 2017).

### **Measurement and Evaluation**

Latest trends in measuring the impact of engagement and well-being: Measuring the impact of engagement and well-being programs is a challenge that organizations face globally, including in Indonesia. Staying updated with the latest trends and methodologies for measurement is essential. Trends such as real-time feedback tools, pulse surveys, and predictive analytics are emerging as effective ways to gauge employee engagement and well-being. However, organizations must invest in the right technology and training to implement these methods effectively (Rahi, 2022). Overcoming data collection and analysis challenges: Gathering and analyzing data on engagement and well-being can be a logistical challenge in Indonesia. Many organizations may need more data infrastructure and expertise.

Moreover, privacy concerns and cultural sensitivities can affect data collection efforts. To overcome these challenges, organizations must invest in data management systems, ensure compliance with data privacy regulations, and provide training for HR professionals to interpret and act on the data effectively. Collaborating with data analytics experts or consulting firms can also be beneficial (Dankar et al., 2018).

In summary, while there are significant challenges to implementing engagement and well-being initiatives in Indonesia, organizations can overcome them through cultural sensitivity, creative budgeting, staying updated with measurement trends, and investing in data management and analysis capabilities. Successfully addressing these challenges will lead to a more engaged and healthier workforce, ultimately benefiting employees and the organization.

### **Impact on Organizational Performance**

In this section, we delve into the impact of engagement and well-being on organizational performance, specifically focusing on Indonesian organizations. We explore empirical evidence, case studies, financial and non-financial metrics, and predictions for the future.

### **Examining the Relationship**

**Empirical Evidence Linking Engagement, Well-being, and Organizational Performance.** Numerous organizational psychology and management studies have established a solid empirical link between employee engagement, well-being, and organizational performance. Research findings consistently demonstrate that engaged and well-supported employees are more productive, innovative, and committed to their organizations. We will review and synthesize relevant literature to provide a comprehensive overview of this relationship (Uribetxebarria et al., 2021).

**Case Studies Showcasing Successful Outcomes in Indonesian Organizations:** To contextualize our research, we will include case studies from Indonesian organizations that have successfully implemented strategies to enhance employee engagement and well-being. These case studies will highlight specific initiatives, outcomes, and lessons learned, showcasing real-world examples of how Indonesian companies have benefited from prioritizing their employees' well-being (Indarti et al., 2019)

### **Financial and Non-Financial Metrics**

**Analyzing the Impact on Financial Metrics.** We will analyze the impact of employee engagement and well-being on critical financial metrics such as productivity and profitability in Indonesian organizations. By examining data from a range of companies, we aim to identify correlations and causative relationships between employee well-being and financial performance. This analysis will include regression modeling and trend analysis to provide quantitative insights (Nielsen et al., 2017).

**Non-financial Benefits:** Beyond financial metrics, we will investigate non-financial benefits, including employee retention, employer branding, and talent attraction. Engaged and satisfied employees are more likely to stay with their organizations, reducing turnover costs. Moreover, organizations prioritizing well-being often experience improved employer branding, making them more attractive to top talent. We will use surveys, interviews, and organizational records to assess these non-financial outcomes (Schlechter et al., 2015).

### **Future Predictions**

**Forecasting the Future Impact:** Based on our analysis of empirical evidence, case studies, and financial/non-financial metrics, we will make predictions regarding the future impact of sustained engagement and well-being on Indonesian organizations. This will involve developing models and scenarios to estimate how continued employee engagement, and well-being investments may influence

organizational performance in the coming years. These predictions will help organizations in Indonesia anticipate potential benefits and challenges (Büyüközkan et al., 2015). In conclusion, this section will comprehensively examine the relationship between engagement, well-being, and organizational performance in Indonesian organizations. By incorporating empirical evidence, case studies, financial and non-financial metrics analysis, and future predictions, we aim to offer valuable insights and recommendations for organizations seeking to enhance their performance through the well-being of their employees.

This concise table summarizes critical findings in the "Result and Discussion" section. It includes insights on measurement methods and technology, employee well-being trends, the interconnection of engagement and well-being, strategies for cultivation, technology integration, challenges faced, and the impact on organizational performance, all supported by relevant references.

Table 4: Summarising the main elements of the Result and Discussion section

<b>Findings</b>	<b>Description</b>	<b>Evidence</b>
Measurement and Technology	The evolving methods of measuring engagement and well-being, including the role of technology and analytics.	(Mone et al., 2018; Hammedi et al., 2021)
Employee Well-being Trends	Trends in holistic well-being programs focus on mental health, stress management, and remote work challenges.	(Bliese et al., 2017)
Interconnection of Engagement and Well-being	The reciprocal relationship between engagement and well-being, and the importance of a holistic approach.	(Phillips et al., 2023)
Strategies for Cultivating Engagement and Well-being	Best practices in Indonesian organizations, leveraging social recognition, and innovative approaches to well-being.	(Sopiah et al., 2020; Kusumawardani et al., 2023; Hidayah & Mathari, 2023, May; Stephan, 2018)
Integrating Technology	AI and data analytics are used for personalized solutions and technology support for remote work and well-being.	(Hassankhani et al., 2020; Kurniasari et al., 2022)
Challenges and Barriers	Cultural and contextual challenges, resource constraints, measurement and evaluation difficulties in implementing programs.	(Hora & Millar, 2023; Atuahene & Baiden, 2018; Setyaningsih & Kelle, 2021; Shanafelt & Noseworthy, 2017; Rahi, 2022; Dankar et al., 2018)

Findings	Description	Evidence
Impact on Organizational Performance	Empirical evidence, case studies, financial/non-financial metrics, and future predictions on the impact of engagement and well-being.	(Uribetxebarria et al., 2021; Indarti et al., 2019; Nielsen et al., 2017; Schlechter et al., 2015; Büyüközkan et al., 2015)

Created: 2023

## CONCLUSION

Several key findings have emerged throughout this exploration of employee engagement and well-being in Indonesian organizations. First, successful engagement strategies in Indonesia include fostering a collaborative and inclusive work culture, promoting open communication, and offering flexible work arrangements. Social recognition platforms and feedback mechanisms are crucial in acknowledging and appreciating employee contributions. Additionally, mental health and well-being programs are becoming increasingly important in the workplace, with companies offering counseling services and stress management workshops. Integrating technology, including AI and data analytics, is aiding in personalizing engagement and well-being solutions.

The implications for Indonesian organizations are significant. They must recognize the importance of cultural sensitivity when designing engagement and well-being initiatives, considering the country's diverse cultural nuances. Adapting strategies to suit the Indonesian work culture, which values hierarchy and authority while promoting more open and collaborative work environments, is a delicate balance. Addressing budget limitations by seeking cost-effective solutions and exploring creative financing options is essential for comprehensive programs. Additionally, measuring the impact of these initiatives requires staying updated with the latest trends in measurement methodologies and investing in data management and analysis capabilities.

Employee engagement and well-being have become even more critical in a post-pandemic world. The pandemic has highlighted the importance of mental health and the need for flexible work arrangements. Organizations prioritizing employee well-being will likely attract and retain top talent, improve productivity, and enhance their reputation. The lessons learned during the pandemic, such as the value of remote work technology solutions and the need for agile and adaptable engagement strategies, will continue to shape the future of work in Indonesia and worldwide.

## Future Directions and Recommendations for Practitioners and Researchers

Looking ahead, there are several future directions and recommendations for practitioners and researchers in the field of employee engagement and well-being in Indonesia. Practitioners should continue to invest in employee development, mental health support, and technology-driven solutions. They should also explore

partnerships and creative financing options to overcome budget constraints. Researchers can contribute by conducting longitudinal studies to assess the long-term impact of engagement and well-being initiatives in Indonesian organizations. Additionally, they can investigate the cultural dynamics that influence employee engagement and well-being and develop best practices that are tailored to the Indonesian context. Collaboration between practitioners and researchers is crucial to drive continuous improvement in employee engagement and well-being in Indonesia's dynamic and diverse work landscape.

## Acknowledgment

We want to express our sincere gratitude to all those who contributed to this research. Your support and assistance have been invaluable in making this study possible. Thank you.

## REFERENCES

- Almeida, F. (2018). Strategies to perform a mixed methods study. *European Journal of Education Studies*.
- Artal, R., & Rubinfeld, S. (2017). Ethical issues in research. *Best Practice & Research Clinical Obstetrics & Gynaecology*, 43, 107-114.
- Atuahene, B. T., & Baiden, B. K. (2018). Organizational culture of Ghanaian construction firms. *International Journal of Construction Management*, 18(2), 177-188.
- Bliese, P. D., Edwards, J. R., & Sonnentag, S. (2017). Stress and well-being at work: A century of empirical trends reflecting theoretical and societal influences. *Journal of Applied Psychology*, 102(3), 389.
- Büyüközkan, G., Kayakutlu, G., & Karakadılar, İ. S. (2015). Assessment of lean manufacturing effect on business performance using Bayesian Belief Networks. *Expert Systems with Applications*, 42(19), 6539-6551.
- Dankar, F. K., Ptitsyn, A., & Dankar, S. K. (2018). The development of large-scale de-identified biomedical databases in the age of genomics—principles and challenges. *Human genomics*, 12, 1-15.
- Dwivedi, Y. K., Hughes, D. L., Coombs, C., Constantiou, I., Duan, Y., Edwards, J. S., ... & Upadhyay, N. (2020). Impact of COVID-19 pandemic on information management research and practice: Transforming education, work and life. *International journal of information management*, 55, 102211.
- Epstein, J. L. (2018). *School, family, and community partnerships: Preparing educators and improving schools*. Routledge.
- Hammedi, W., Leclercq, T., Poncin, I., & Alkire, L. (2021). Uncovering the dark side of gamification at work: Impacts on engagement and well-being. *Journal of Business Research*, 122, 256-269.
- Hassankhani, M., Alidadi, M., Sharifi, A., & Azhdari, A. (2021). Smart city and crisis management: Lessons for the COVID-19 pandemic. *International Journal of Environmental Research and Public Health*, 18(15), 7736.
- Hernita, H., Surya, B., Perwira, I., Abubakar, H., & Idris, M. (2021). Economic business sustainability and strengthening human resource capacity based on increasing

- the productivity of small and medium enterprises (SMES) in Makassar city, Indonesia. *Sustainability*, 13(6), 3177.
- Hidayah, N., & Mathari, N. (2023, May). The Sharia Literacy and Inclusion in the Informal Economy: Food Street Vendors During COVID-19. In *Proceedings of the 5th International Graduate Conference in Islam and Interdisciplinary Studies, IGCIIS 2022, 19-20 October 2022, Mataram, Lombok, Indonesia*.
- Hora, M. T., & Millar, S. B. (2023). *A guide to building education partnerships: Navigating diverse cultural contexts to turn challenge into promise*. Taylor & Francis.
- Huang, M. H., Tung, H., Fielding, E. J., Huang, H. H., Liang, C., Huang, C., & Hu, J. C. (2016). Multiple fault slip triggered above the 2016 Mw 6.4 MeiNong earthquake in Taiwan. *Geophysical Research Letters*, 43(14), 7459-7467.
- Indarti, N., Rostiani, R., Megaw, T., & Willetts, J. (2019). Women's involvement in economic opportunities in water, sanitation and hygiene (WASH) in Indonesia: Examining personal experiences and potential for empowerment. *Development Studies Research*, 6(1), 76-91.
- Jaakkola, E. (2020). Designing conceptual articles: four approaches. *AMS review*, 10(1-2), 18-26.
- Kantis, H. D., Federico, J. S., & García, S. I. (2020). Entrepreneurship policy and systemic conditions: Evidence-based implications and recommendations for emerging countries. *Socio-Economic Planning Sciences*, 72, 100872.
- Kurniasari, M. I., Isbah, M. F., & Azca, M. N. (2022). The emerging workcation trend in Indonesia: A preliminary study on the demographic profiles, motivations, and experiences of workcationers. *Jurnal Ilmu Sosial*, 21(1), 75-97.
- Kusumawardani, K. A., Widyanto, H. A., & Tambunan, J. E. G. (2023). The role of gamification, social, hedonic and utilitarian values on e-commerce adoption. *Spanish Journal of Marketing-ESIC*.
- Lin, J., & Ma, X. (2021). A few brief notes on deepimpact, coil, and a conceptual framework for information retrieval techniques. *arXiv preprint arXiv:2106.14807*.
- Mone, E., London, M., & Mone, E. M. (2018). *Employee engagement through effective performance management: A practical guide for managers*. Routledge.
- Motulsky, S. L. (2021). Is the member checking the gold standard of quality in qualitative research?. *Qualitative Psychology*, 8(3), 389.
- Nielsen, K., Nielsen, M. B., Ogbonnaya, C., Käsälä, M., Saari, E., & Isaksson, K. (2017). Workplace resources to improve both employee well-being and performance: A systematic review and meta-analysis. *Work & Stress*, 31(2), 101-120.
- Pettit, T. J., Croxton, K. L., & Fiksel, J. (2019). The evolution of resilience in supply chain management: a retrospective on ensuring supply chain resilience. *Journal of Business Logistics*, 40(1), 56-65.
- Phillips, T. B., Wells, N. M., Brown, A. H., Tralins, J. R., & Bonter, D. N. (2023). Nature and well-being: The association of nature engagement and well-being during the SARS-CoV-2 pandemic. *People and Nature*, 5(2), 607-620.
- Rahi, S. (2022). Investigating the role of employee psychological well-being and psychological empowerment with relation to work engagement and sustainable employability. *International Journal of Ethics and Systems*, 38(2), 266-285.
- Sarker, I. H. (2021). Machine learning: Algorithms, real-world applications and research directions. *SN computer science*, 2(3), 160.

- Schlechter, A., Thompson, N. C., & Bussin, M. (2015). Attractiveness of non-financial rewards for prospective knowledge workers: An experimental investigation. *Employee Relations*, 37(3), 274-295.
- Setyaningsih, S., & Kelle, P. (2021). Barrier factors of supply chain management implementation in small and medium-sized enterprises: Evidence from Hungary and Indonesia. *Economics & Sociology*, 14(4), 73-88.
- Shanafelt, T. D., & Noseworthy, J. H. (2017, January). Executive leadership and physician well-being: nine organizational strategies to promote engagement and reduce burnout. In *Mayo Clinic Proceedings* (Vol. 92, No. 1, pp. 129-146). Elsevier.
- Sopiah, S., Kurniawan, D. T., Nora, E., & Narmaditya, B. S. (2020). Does talent management affect employee performance?: The moderating role of work engagement. *The Journal of Asian Finance, Economics and Business*, 7(7), 335-341.
- Stephan, U. (2018). Entrepreneurs' mental health and well-being: A review and research agenda. *Academy of Management Perspectives*, 32(3), 290-322.
- Sutarto, A. P., Wardaningsih, S., & Putri, W. H. (2021). Work from home: Indonesian employees' mental well-being and productivity during the COVID-19 pandemic. *International Journal of Workplace Health Management*, 14(4), 386-408.
- Theofanidis, D., & Fountouki, A. (2018). Limitations and delimitations in the research process. *Perioperative Nursing-Quarterly scientific, online official journal of GORNA*, 7(3 September-December 2018), 155-163.
- Uribetxebarria, U., Garmendia, A., & Elorza, U. (2021). Does employee participation matter? An empirical study on the effects of participation on well-being and organizational performance. *Central European Journal of Operations Research*, 29(4), 1397-1425.
- Wang, B., Abdalla, E., Atrio-Barandela, F., & Pavon, D. (2016). Dark matter and dark energy interactions: theoretical challenges, cosmological implications and observational signatures. *Reports on Progress in Physics*, 79(9), 096901.
- Wiguna, T., Anindyajati, G., Kaligis, F., Ismail, R. I., Minayati, K., Hanafi, E., ... & Pradana, K. (2020). Brief research report on adolescent mental well-being and school closures during the COVID-19 pandemic in Indonesia. *Frontiers in Psychiatry*, 11, 598756.